



IRC Healing Classrooms
 Student Well-Being
 Elements of Student Well-Being

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Sense of Belonging	<ul style="list-style-type: none"> • Strong student identity: feeling like a student, and being recognized as such. • Wearing a uniform or special “school clothes,” carrying a school bag, etc. • Treated equal to other students (e.g. boys and girls, children with disabilities)
Sense of Control	<ul style="list-style-type: none"> • Having a routine of regular school attendance • Appreciating learning well and feeling that getting an education is leading to a brighter future • Predictably “good teaching and learning” • Believing that skills learned are relevant to future job opportunities
Feelings of Self-Worth	<ul style="list-style-type: none"> • Feeling good about learning, about the future • Pride in wearing or carrying symbols of schooling, such as school books • Developing life skills that enable youth to contribute to themselves and their families
Personal Attachments	<ul style="list-style-type: none"> • Positive relationships with teachers who are helping students in different ways • Importance of friends, appreciation of games, play
Relationships with Peers	<ul style="list-style-type: none"> • Importance of friends • Appreciation of games, play
Intellectual Stimulation	<ul style="list-style-type: none"> • Appreciating “good learning”
Sense of Safety	<ul style="list-style-type: none"> • Feeling safe and secure in learning environment • No landmines in, around or en route to the school • Free from sexual abuse and exploitation • Positive discipline is used