

IRC Healing Classrooms
Teacher Well-Being
Healing Classrooms Framework for Teacher
Identity, Motivation and Wellbeing

Teacher Identity, Motivation, and Well-Being Framework			
	Definition	Possible Positive Implications	Possible Negative Implications
Teacher Identity	The personal and cultural characteristics and experiences of teachers. Remember: Teachers are diverse men and women with varied experiences that brought them to teaching. They have their own priority needs, desires, and expectations.	 Teachers may have a strong desire to learn and develop themselves. Teachers may have been nominated by the community, have a deep understanding of the cultural and socioeconomic context, and form positive relationships and status with parents, children and youth, and community leaders. 	 Teachers may have joined the profession without a strong desire for teaching or promoting the protection and development of children and youth. Teachers often do not have professional identity as a teacher.
Teacher Motivation	The different professionally related factors within the school context that encourage or discourage teachers in their work. + Positive factors may help them feel happy, satisfied and proud to be a teacher. These factors may sustain them when difficulties arise. - Negative factors make teachers feel frustrated, unmotivated, and professionally isolated and unsupported.	 Teachers may be motivated by other factors, such as a desire to help their community or to be a community leader. Teachers may be encouraged through participatory approaches to training and management that respect and value their skills and experience. Support from colleagues, an opportunity to learn and participation in decision-making on school-related matters 	 Teachers may be easily discouraged by difficult working conditions. (A small or non-existent salary). Teachers may be discouraged by negative attitudes ("deficit model") from trainers and managers. Lack of inclusion in decision-making processes on school-related issues.

Teacher Well-Being	The different factors	Being a teacher may be a	Teachers may be
	outside the school	source of satisfaction,	experiencing stress and
	context – related more	comfort and empowerment	preoccupation with their own
	to community and	to teachers – especially	situation meaning that they
	family – that encourage	women.	are not able to devote the
	teachers in their work,		time and attention needed to
	sustain them when		meet individual student
	difficulties arise, and		needs.
	may help them feel		
	happy, satisfied, and		
	proud to be a teacher.		
	Teacher well-being		
	factors can also		
	discourage teachers and		
	make them feel		
	insecure, worried, etc.		