



IRC Healing Classrooms
 Teacher Well-Being
 Teacher Well-Being Framework

Teacher Well-Being Framework			
	Definition	Possible Positive Implications	Possible Negative Implications
Teacher Well-Being	The different factors outside the school context – related more to community and family – that encourage teachers in their work, sustain them when difficulties arise, and may help them feel happy, satisfied, and proud to be a teacher. Teacher well-being factors can also discourage teachers and make them feel insecure, worried, etc.	Being a teacher may be a source of satisfaction, comfort and empowerment to teachers – especially women.	Teachers may be experiencing stress and preoccupation with their own situation meaning that they are not able to devote the time and attention needed to meet individual student needs.